



2026 ANNUAL ZONE MEETINGS

Don't miss our Annual Zone Meetings taking place across all 9 Zones from March 31st to May 6th. Get the latest news from MROO and OMERS. Listen to guest speakers and enjoy lunch with current and new members. You can meet some of our partners and even win a special door prize!

Members and their partners are invited to attend a meeting in any of the Zone locations, FREE of charge, but please register in advance.

Bring a new member and you will be entered to win a prize! Retired, or soon-to-be-retired OMERS plan members are all invited to attend - they will need to join and pay the \$25 membership fee.

Register Online Today!

Annual Zone Meeting Information

Doors open at 9:00 AM. All Meetings Begin at 10:00 AM

Zone 1*

Date: March 31, 2026

Location: Royal Canadian Legion, Windsor (Oldcastle)

Register By: March 24, 2026

Zone 4

Date: April 7, 2026

Location: Ajax Convention Centre

Register: By: March 31, 2026

Zone 7

Date: April 14, 2026

Location: Best Western North Bay

Register By: April 7, 2026

Zone 2

Date: April 1, 2026

Location: Four Points by Sheraton, London

Register By: March 25, 2026

Zone 5*

Date: April 23, 2026

Location: Best Western Plus Cobourg

Register By: April 16, 2026

Zone 8

Date: May 6, 2026

Location: Italian Cultural Centre Thunder Bay

Register By: April 29, 2026

Zone 3*

Date: April 29, 2026

Location: Carmen's Event Centre, Hamilton

Register By: April 22, 2026

Zone 6

Date: April 21, 2026

Location: Infinity Convention Centre, Ottawa

Register By: April 14, 2026

Zone 9

Date: April 16, 2026

Location: Liberty North Barrie

Register By: April 9, 2026

*Elections for Zone Directors will take place in Zones 1, 3, and 5

2 WAYS TO REGISTER - CHOOSE ONE

1

Go to mroo.org. Under the "News and Events" drop down menu click on "Annual Zone Meetings". Here you will find online registration forms and all the Zone Meeting details.

2

If you are unsuccessful, please call us at 1-800-595-4497 and follow the prompts or email us at info@mroo.org.



FREQUENTLY ASKED QUESTIONS

Q: What happens if I decide not to come on the day of the meeting?

A: When you register, we reserve a seat and a meal for you and your partner or potential new member. If you decide not to attend at the last minute, we cannot cancel your meal and MROO will still incur the costs.

**Q: Why do I need to register in advance?
In the past, I've registered at the door.**

A: Advance registration is very important to the smooth running of the event. Walk-in attendance can create problems with over-capacity in the meeting room, food shortages and set-up issues.

Q: Can I register for a zone meeting after the deadline has passed?

A: Yes, you can. We will do our best to accommodate you, but would prefer advance registration online.

Q: What if I/we must cancel due to illness or a family emergency?

A: Please let us know ASAP by phone (1-800-595-4497) or email (info@mroo.org).

Q: I am allergic to certain foods/have a medical condition. Can I order a special meal?

A: We are happy to request special meals for those with allergies and medical conditions. Please request this during registration. When lunch begins, please advise staff that you have requested a special meal.

Q: Can I bring a relative/friend who is my driver or caregiver to the meeting?

A: Yes, members who need assistance getting to/from/during the meeting can bring a friend/relative/caregiver to assist. Please include the person's full name and relationship to you when you register.

Q: Will I receive a confirmation that I have registered?

A: Those who register online on our website will receive confirmation. We're unable to provide confirmations with phone registrations.

Q: Is there any recognition for bringing new MROO members to join?

A: Yes, we reward MROO members with a gift during the last half of the meeting.

ZONE MEETING AGENDA

Most meetings follow this general format. Each Zone Director decides on guest speakers and topics individually, and presentations may vary by location. If you have questions about a specific zone meeting, contact your Zone Director directly.

TYPICAL AGENDA

- 9AM: Registration Opens
- 10AM: Welcome by Zone Director
- 11AM: Presentation by Guest Speaker
- 12PM: Lunch
- 1PM-3PM: Presentations by Partners
- 3PM: New Member Recognition and Announcement of door Prize Winner
- 3:30PM: Meeting Closes

MROO ZONE MAP

Not sure which zone you are in? Check the map.
You can attend a meeting in any of the 9 zones.
Choose the location and date that works for you!

